Editorial

On behalf of the entire present editorial team, it gives me great pleasure to welcome you to this new issue of the Majmaah Journal of Health Sciences (MJHS, ISSN: 1658-645x). At the outset I wholeheartedly thank our respected Rector, **Dr. Khalid bin Saad Al Meqrin** and the Vice Rector for Graduate Studies and Scientific Research **Prof. Dr. Mohammad Bin Abdullah Al-Shaaya'a** for entrusting me with this responsibility of developing the bringing out the prestigious journal of our university. I would also like to thank the founding Editor-in-Chief **Professor Dr. Mohammad Othman Al-Rukban** and his editorial team for their commendable efforts and great contributions towards the MJHS.

The MJHS is a peer-refereed journal with a broad scope to bridge knowledge between medical, dental, applied medical health sciences and rehabilitation fields. In short, the MJHS provides an excellent platform for all health related professionals to interact through scientific contributions and discussions.

Knowledge is progressing by a geometrical ratio and it is important that we too become a part of this fast pace of progress. This goal of propagating knowledge can be achieved not only through assimilation but also through dissemination of knowledge. Realization of the maxim, 'publish or perish' in the world of science has inspired and encouraged many organizations to start and sustain their own journals and publications. Scientific journals have played a great role in this new era of removing the darkness of unawareness hence enlightening the minds and brains with the lamp of new knowledge and thoughts. The experience and knowledge of senior faculty members should reach the upcoming generations and the new ideas of young researchers should reach all professionals.

The scientific journals can provide a gateway to transfer knowledge and add meaning to all readers. Knowledge is power and it has a unique quality in that as we get to know more, the volume of the unknown seems to keep on increasing as rightly stated by "known is a drop, unknown is an ocean". Knowledge is something that we keep on gaining for as long as we keep on sharing. In this era of education, publishing is turning out to become more and more significant. I strongly believe that this issue will add a drop of knowledge in the minds of our readers.

Different types of articles are included in the MJHS, such as research articles which report the results of research studies on a range of topics varying from the basic

mechanisms of diseases and dysfunctions to clinical trials that compare the outcomes of different treatments. Review articles that summarize and analyze the information available on a specific topic based on a careful synthesis of existing medical literature. Rare case reports, which educate clinicians about particular illnesses and how to treat them. Editorials, which are short essays that express the views of the authors, often regarding research or review articles published in the same issue. Letters to the editor, which provide a way for readers to express comments, questions, or criticisms about articles published in the MJHS.

In the end, I wish to congratulate the entire editorial team for their tireless efforts and perseverance towards the MJHS. I would also like to extend special thanks to all the anonymous reviewers for their efforts for processing the articles in the required time. An issue at hand is to get the MJHS indexed in Pub Med, for which we have to work with an unshakable focus and move ahead steadily on the road of progress and I am confident that we will achieve this goal very soon with joint concerted efforts. Your valuable suggestions will help us to improve with time,

Editor-in-Chief, MJHS
Professor. Dr. Mohammed HS Al-Turaiki